

COMMUNITY

Living SERVICES

Your Life, Your Way



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MISSION

To assist and advocate for each person to have supports they want and need:

- To exercise control and authority over their lives
- To live a life of freedom, opportunity and relationships as family, friends and neighbors
- To share in full community membership and citizenship

VISION

People will fully participate in their communities and have a quality of life which comes from freedom and its responsibilities, the authority to make their own life decisions and the financial resources to implement them.

PRESIDENT'S LETTER

"In the end, it's not the years in your life that count. It's the life in your years." Abraham Lincoln



Dear Friends and Colleagues:

With a seemingly endless amount of change in the field of disabilities, it is vital that we don't overlook what our values are and what we need to constantly focus upon. Organizations working with people with disabilities need to be measured for their value by the results of their efforts, not the processes they have in place which are often over emphasized. With an ever increasing trend of managed care in our field and the integration of physical health with behavioral health, it's the system that becomes the everyday mindset. While it is very important to continue to bring physical health to the forefront of people with behavioral health needs, we need to recall our history of the medical model that drove the exclusion of people from living a life in the community.

The efforts to bring physical health and behavioral health closer together and more efficiency in our system should not be done at the expense of the lives of the people we support. More and more I hear that integration of physical health and behavioral health would be improved if they were conveniently located in the same office or building. There are discussions of people having living arrangements in or adjacent to the locations where they get physical and behavioral services. This might indeed save administrative costs and be convenient but at what expense? Isn't that how institutions came to be? There are "Intentional Communities" rising up throughout various parts of the country where people with developmental disabilities live in a segregated community entirely designed to be protective harbors with people of their own kind.

We are fortunate to have the Centers for Medicare and Medicaid (CMS) as well as the Federal Administration for Community Living promoting and holding states accountable for assuring that people with disabilities have a full life in the community. Community Living Services is well positioned to meeting these expectations. With the extraordinary partnership of our network of providers who have changed their business practices from a primarily service model to a support model, people are living, working and participating in their own communities. This includes the transition of power and authority typically vested in the service agencies over to people with disabilities having control over their own lives.

I am also grateful for the support CLS receives from our funding sources, the Detroit Wayne Mental Health Authority, the Oakland County Community Mental Health Authority and the Macomb County Community Mental Health Agency. The alignment of philosophies and values they all hold with CLS in supporting people with disabilities to enjoy full lives in the community is critical to achieving the outcome of real quality of life. I would be remiss in not mentioning that CLS staff is as responsible for the focus on community living as anyone else. They are loyal and true to the mission every day.

Warm Regards,
Jim Dehem, President and Chief Executive Officer

FINANCIALS

Community Living Services, Inc. Consolidated Statement of Activities September 30, 2015

	2013	2014	2015
REVENUES			
Community Mental Health Contracted Revenues	129,004,112	\$124,565,700	\$131,826,626
Carve-Out and Pass Through	7,128,004	7,032,606	1,045,118
Cost Settlement			5,493,649
Grant Revenue	166,108	162,601	142,371
Interest Income	8,307	7,531	8,204
Other Income	555,784	886,486	690,450
Extraordinary Income	<u>417,069</u>	<u>0</u>	<u>0</u>
Total Revenues	<u>\$137,279,384</u>	<u>\$132,654,924</u>	<u>\$139,206,418</u>
EXPENDITURES:			
Salaries, Wages and Benefits	\$12,946,707	13,338,698	15,043,280
Professional Fees/ Contract Services	3,687,711	6,360,189	6,535,995
Administrative Expense	2,041,801	2,496,118	2,998,635
Occupancy	1,514,697	1,531,939	1,405,486
Provider Payments	102,185,327	100,289,391	100,142,540
Home Leases	2,400,898	2,187,992	2,192,845
Maintenance and Repairs – Homes	1,166,518	1,229,172	1,105,793
Other Member Related	774,062	428,189	752,014
Day Programs/Vocational	9,169,244	9,697,100	8,635,823
Depreciation	464,579	480,085	210,641
Other Expenses	626,019	80,967	34,333
Extraordinary Expense/(Contra Expense)	<u>0</u>	<u>0</u>	<u>0</u>
Total Expenses	<u>\$136,977,563</u>	<u>\$138,119,840</u>	<u>\$139,057,385</u>
Change in Net Deficit	301,821	(5,464,916)	149,033
Net Assets/(Deficit), Beginning of Period	\$8,110,367	\$8,352,397	\$2,887,481
Net Assets/(Deficit), End Of Period	<u>\$8,412,188</u>	<u>\$2,887,481</u>	<u>\$3,036,514</u>
Average Per Member Per Month Revenue (PMPM)	2,605	2,652	3,046

WAYNE COUNTY

Kim Gardner

What an accomplishment! Westland resident Kimberly proudly says she has been employed at Wendy's for 18 years! She is very busy at her job where she works five days a week, helping out her fellow employees with whatever they need including cleaning the grill, chopping the lettuce, stocking the freezer and assisting with the drive-thru window.

"I like it very much. I like serving the customers who are nice and friendly to me and I like the people I work with," says Kimberly who enjoys her off time relaxing and living by herself in her apartment.

As an only child, Kimberly learned to speak up for herself at a young age and it still holds true today. Just recently her hours were cut at work. "I told the manager it was unacceptable. I told them I need to pay my car insurance, rent, gas and light and phone bills. I was serious and after about a month, my hours were back on the schedule. I felt better after that!"

In her school years she attended our Lady of Providence where she won several music competitions with her French horn. She also has many medals for bowling, standing long jump and running.

"I enjoy living by myself." Kimberly takes pride in her appearance, her home and her car. When she's not working, she is staying healthy on her stationary bike in her living room or taking a once a year bus trip to Chicago which makes her face light up. "I would love to live there. I like the Water Tower and the mall. I love the shopping too!"



Mattie Edwards

"I started my jewelry business so I could carry on the legacy that my grandma Mattie started. She taught me how to make jewelry and when she passed away, I wanted to honor her because she was my inspiration so I make jewelry and sell it to help keep her memory alive," said Mattie Edwards, entrepreneur.

At 22 years old, Mattie has lived through a lot of troubling times. "I lived in a van for five years with my mom and brother. I missed grades fourth through eighth and then entered the foster care system. I had three foster families and they weren't all good experiences."

Being so young and living through tough times has not made Mattie bitter but rather a soft-spoken, kind yet strong, mature young woman. "I tell my friends who are going through rough times that it will be okay and they need to pray because believe it or not, there are people that are going through worse times than theirs. I also believe in karma. People who have bullied me and called me names, I just believe that one day, it will come back to them. I've already seen it happen."

Mattie has taken control of her life and hires her own staff. Her CLS Supports Coordinator is helping her look for a job which will allow her to buy more jewelry supplies. "I would like a TV news personality to wear a piece of my jewelry and promote it so I can make more sales. Down the road, I want to own a restaurant/jewelry shop and have a house. I'm working on getting a driver's license. I have a lot of things that I want to do and I am going to stay positive and get things done!"



Shawn Neal

Shawn is only in her twenties and has accomplished so much. She has studied to be a Life Coach, helped run a non-profit, has started at least two websites to help empower people with disabilities, was just selected to be on a statewide self-advocacy board and now she's 75% done with a book she calls, "Let Me Be."

"I like to read and write. I've started my book several times but am on my way to finishing it," said Shawn Neal. "I have a passion for people and I want to help them succeed. I want to share my story and let people with disabilities know they can achieve success and do things they want to do, sometimes they just need some help. I can help."

Shawn comes from a family of eight and was not treated any differently because of her disability. "I was raised by a single dad. He is a Reverend. I had chores and responsibilities just like my siblings."

Shawn moved out of her Detroit home after talking to a friend who receives services from CLS. "She told me how I could get my own place with help from CLS. I've been living by myself for years now and love it. I'm a loner by nature so it suits me just fine. My staff comes in five times a week to help with cooking, cleaning and shopping. I like solitude, it keeps me calm."

Shawn is currently training to become a certified Peer Mentor offered by The Detroit Wayne Mental Health Authority. "I have experience in helping people achieve their goals and I thought becoming certified would help me help others. Going through the training at CLS is giving me hands on experience working alongside experienced Peer Mentors. There are a lot of people who can benefit greatly from working with a Peer Mentor. It's a wonderful program."



Jacqueline Wirth

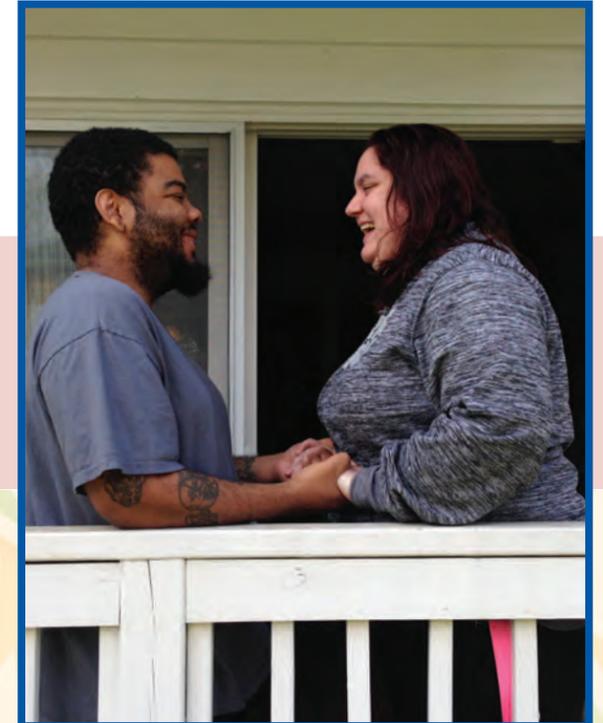
She is outgoing, determined and independent. Meet Jacqueline or "Jackie" as her friends call her who is very busy these days as she prepares for her wedding day.

"We met while I was at work," said Jackie. "I scooted up to him and we started talking. I thought he was real good looking and we started dating. I knew he was the one so I decided to propose to him. We get along well and enjoy a lot of the same things. He also helps me with certain things around the house that I need help with because of my physical disability. He even does the dishes!"

A year ago, Jackie purchased a condo by getting an FHA low-income loan. The key to her success is her attitude. Jackie never gives up. When she wasn't working, she applied somewhere every day and volunteered at various places. She now has a permanent job at Wal-Mart. "I am a greeter and believe it or not, people aren't always friendly to me and some people make rude remarks but I try not to let it get to me."

"Jackie has worked very, very hard to get where she is today," says her mom Margaret. "She understands that it is important to be knowledgeable about the available resources that are out there for people with disabilities."

"I have struggled but I can honestly say I am very happy with who I am today. I am independent, working, have my own place, make my own decisions and now I'm getting married. I am happy!"



Marc Thomas

For coffee lovers, Marc Thomas could be one of the most important people in their lives! Marc is responsible for keeping the coffee hot and ready to go as customers stop and grab their morning cup of joe at the Royal Oak 7-11 store. Marc has been working there for several months and he loves it! He is so popular that when his mom drops him off at work in the morning, customers are already greeting him with a warm hello before he even gets in the store!

For many years he worked on a supported employment mobile crew in which he had good success, however some issues with his memory often required several prompts and reminders. So he and his support circle talked about trying something different. With the help of his Independent Supports Coordinator and the Judson Center, Marc re-connected with Michigan Rehabilitation Services to help him look for a job. Shortly after that, he found employment a mile from his home and he's been happy and successful ever since. He has learned his job so quickly that he doesn't need constant support and his boss is very impressed with his initiative and positive attitude. Marc says he is very happy and proud to wear his 7-11 shirt and help customers with starting their day off right!



Stronger Together

CLS constantly strives for excellence and education and is committed to empowering its entire Provider Network to be some of the best trained professionals in the state. In 2015, statistics show the CLS Training Department was responsible for training, educating and credentialing approximately 5,100 people. These individuals were providers, support and direct hire staff, people receiving services, employees, parents, family members, allies and professionals from other organizations and non-profits. These events included trainings, webinars, lunch and learn discussions and other live events. The department also hosted its third annual “Time to Share” conference which was the best attended event yet with over 100 attendees. The training provided a forum to engage people we serve, mentors, family and caregivers in an ongoing, thought provoking conversation. Participants had positive feedback to offer and agreed that we are all stronger when we listen to and learn from each other. Also last year, the department launched a new on-line training portal to make registering and tracking trainings easier.

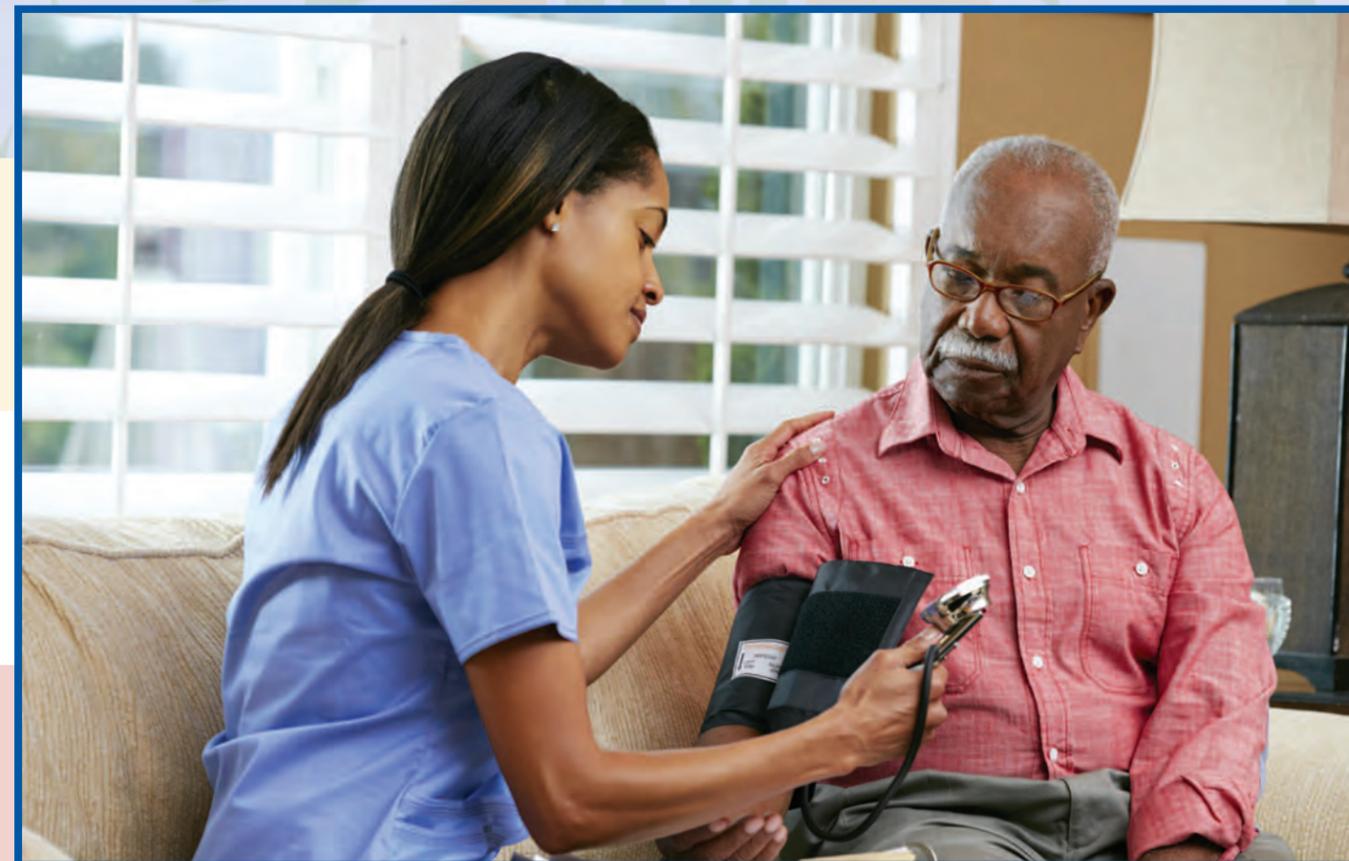
Busy Peer Mentors

The Peer Mentors were quite busy in 2015, traveling to conferences in Detroit and Lansing and serving on various committees, focus groups, workgroups and panels. CLS Oakland County has two certified Peer Mentors and CLS Wayne County has seven who are working with people served by CLS to achieve their goals and work at the local and state levels to make sure their voices are being heard.



On deck for 2016, the Peer Mentors are creating their own brochure which offers a step by step guide that needs to be followed when requesting a Peer Mentor.

Peer Mentor and Author Emma helps Gino with his first book about his life and struggles growing up with a disability.



Care Giver is Just Like Family

The Long Term Care Division offers assistance to individuals by supporting them in their homes and communities, helping with resources and obtaining benefits. Currently more than 20 people over the age of 60 are being supported in their homes.

During the past year, many people have shared how grateful they are for the dependable staffing services CLS provides. One participant shared that she would “never, ever” allow someone in her home, but when she met the support staff, she immediately felt relaxed and had peace of mind. She said “do not think of taking her away from me”, as she considers the caregiver as family now and believes she would have ended up in a nursing home if they had not found reliable and caring staff.

CLS prides itself on providing a “Whatever It Takes” attitude so individuals can live independently in their homes and communities without having to move to a nursing home.

The department’s long term funding partnership with United Way of Southeast Michigan provides \$136,000 per year to sustain this initiative.

A YEAR OF PARENTS, PARTNERSHIPS AND PHOTOS

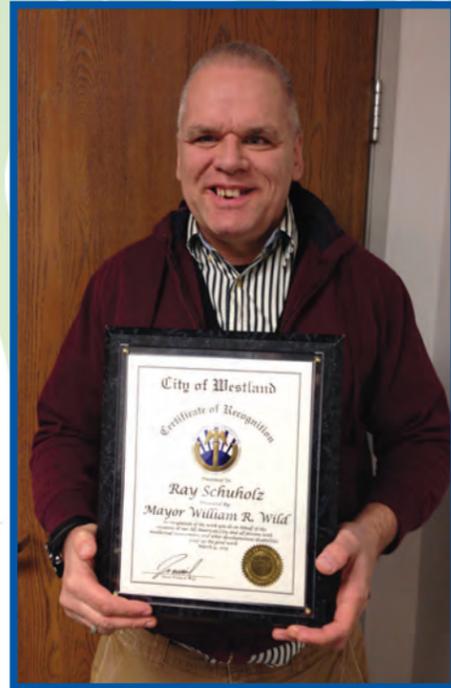


As part of its partnership with United Way, CLS employees raised funds with a strolling dessert cart and a "Fun Walk."



DENTAL PARTNERSHIP PROVES TO BE VALUABLE FOR STUDENTS

The partnership between Community Living Services, Jewish Vocational Services and the University Of Detroit Mercy School Of Dentistry came together as dozens of people supported by CLS were offered free exams and dental care. The "Co-Teacher Project" allows UDM dental students to work with patients who have disabilities to gain a better understanding of how to treat people who may have significant needs.



Peer Mentor Ray was recognized by Mayor William Wild and the City of Westland for his outstanding efforts as Chair of the Disability Concerns Committee.



The Walk a Mile in My Shoes Rally was a huge success with 3,000 people in attendance. Jane was the emcee for the event.



Linda and Yash were selected by the Michigan Developmental Disabilities Council to "Take Your Legislator to Work Day". Linda is seen here with her state Senator Hopgood and Yash is with his staff person.

PARENTS BECOME MENTORS

In 2015, training began for several groups of parents to become Parent Mentors. CLS is equipping family members at becoming trained to mentor other parents, family members and friends about how CLS provides supports and services and how benefits and entitlements work.



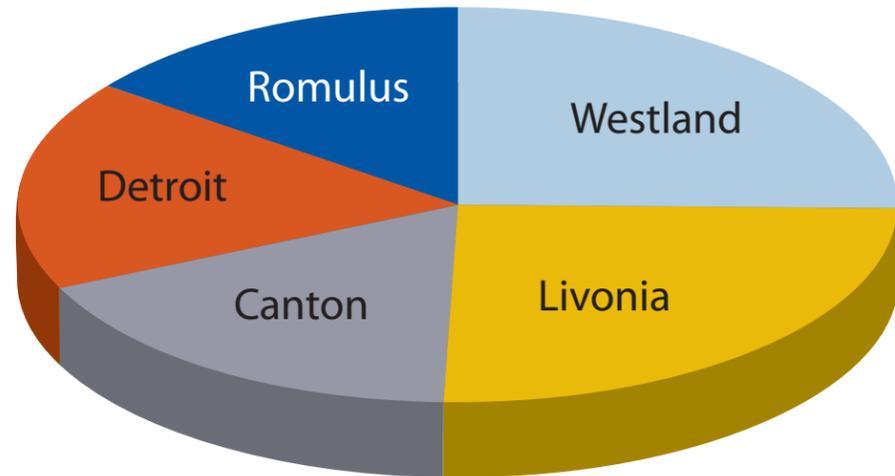
Fox 2 New's Roop Raj interviews Evening with Friends award winner Michael Cieslak and his father. The fundraiser brought in about 700 people and over \$45,000.

GIVING TREE DONATIONS DOUBLED in 2015



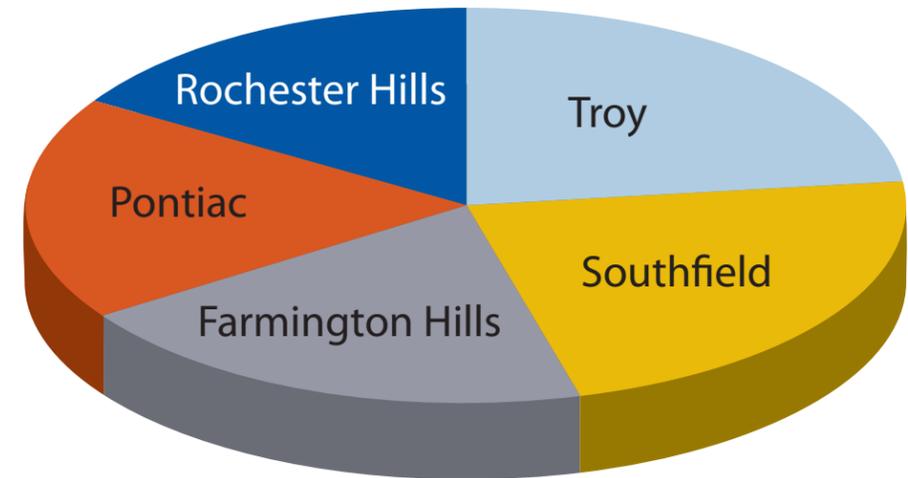
Yazaki Automotive doubled its donation to the CLS Giving Tree by donating \$1,000 and adopting five families. Many other corporate donations were received from Iron Mountain, Office Depot, Image Business Solutions, Lawrence Thurswell Insurance and True Love Christian Fellowship Church allowing CLS to provide hundreds of people with gifts during the holiday season.

WHERE I LIVE



**TOP 5 CITIES
WAYNE COUNTY**

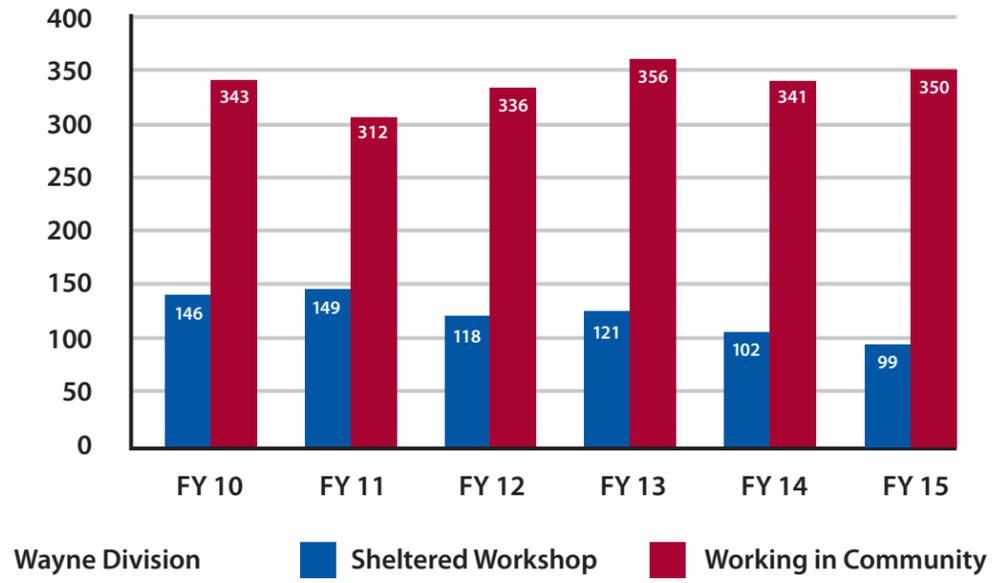
- Westland (337)
- Livonia (337)
- Canton (235)
- Detroit (227)
- Romulus (195)



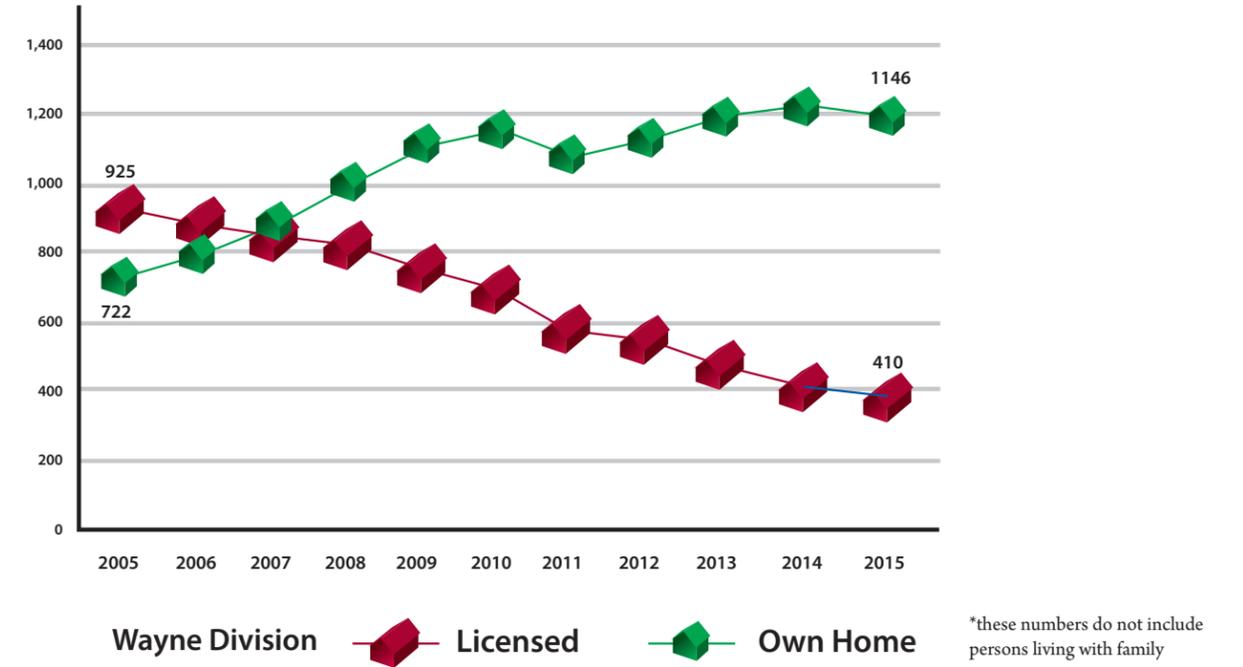
**TOP 5 CITIES
OAKLAND COUNTY**

- Troy (68)
- Southfield (67)
- Farmington Hills (58)
- Pontiac (54)
- Rochester Hills (47)

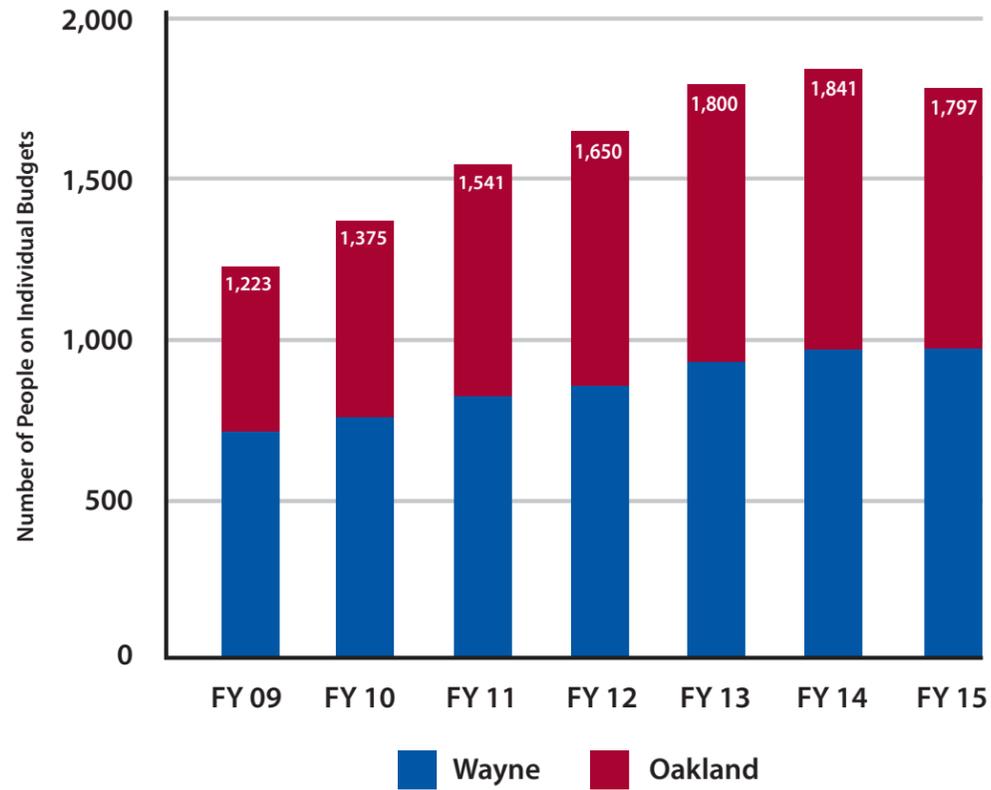
EMPLOYMENT-WHERE I WORK



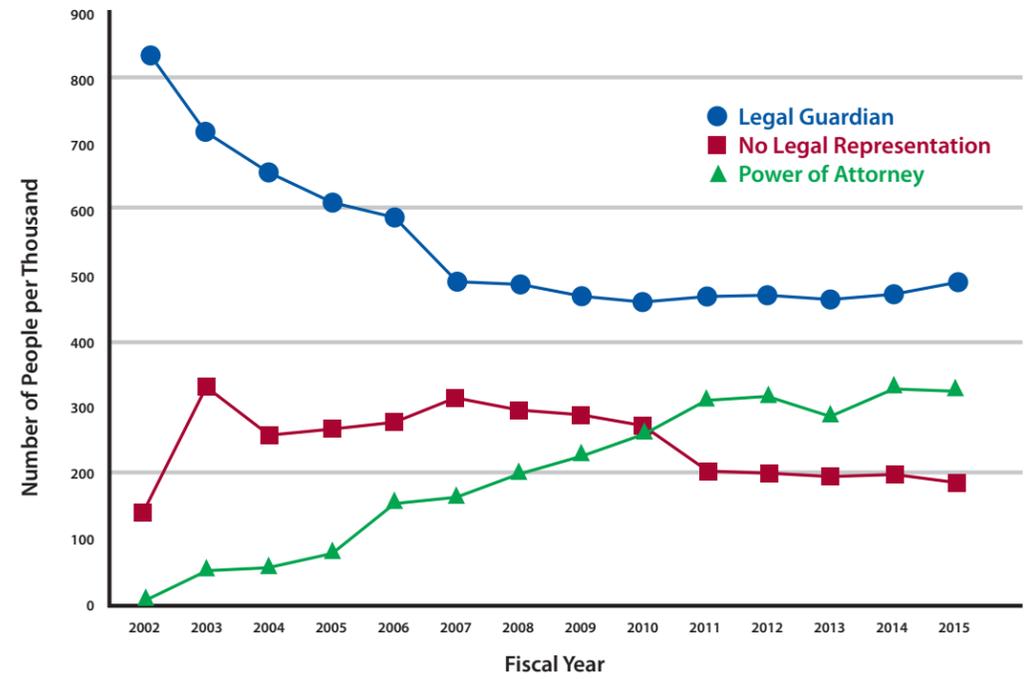
SYSTEM TRANSFORMATION-RIGHT OF TENANCY - 11 YEAR TREND



GROWTH IN SELF-DETERMINATION INDIVIDUAL BUDGETS



SUPPORTED DECISION MAKING WAYNE DIVISION



COMMUNITY *Living* SERVICES

Your Life, Your Way



Wayne County

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www.comlivserv.com

CLS is a Manager of a Comprehensive
Provider Network funded through the
Detroit Wayne Mental Health Authority.



Oakland County

642 East 9 Mile Road
Ferndale, MI 48220
(248) 547-2668

CLS Oakland County is funded through the
Oakland County Community Mental Health
Authority and Macomb County Community
Mental Health.



United Way
for Southeastern Michigan

Senior Services-Long Term Care Division

(734) 722-4697

The CLS Long Term Care Division receives funding
from United Way of Southeast Michigan.