

COMMUNITY *Living* SERVICES

Your Life, Your Way

■ 2014 ANNUAL REPORT



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■ MISSION

To assist and advocate for each person to have Supports they want and need:

- To exercise control and authority over their lives
- To live a life of freedom, opportunity and relationships as family, friends and neighbors
- To share in full community membership and citizenship

■ VISION

People will fully participate in their communities and have a quality of life which comes from freedom and its responsibilities, the authority to make their own life decisions and the financial resources to implement them.

“Change is the law of life. And those who look only to the past or present are certain to miss the future.”

- John F. Kennedy



Dear Friends and Colleagues:

Community Living Services has always embraced change. The changes we strive for have been those which benefit the individuals we support to live a life that most everyone wants. A place of their own to live, an opportunity for making income, relationships with people who are in addition to those who provide daily assistance, to be participating members of their communities and to have affordable transportation to places they want to go and on their own schedules. Essentially these and other life aspirations are the guiding compass for the changes we continually challenge ourselves to achieve, overcoming a history of people with disabilities having little authority and control over their lives.

History is replete with disabilities defining who people are and to what extent they belong as citizens of their communities. Traditionally, to receive public services, people with disabilities have had to give up many of their freedoms. They have had to live in places and go to programs separated from their peers who do not have a disability. Institutions, residential group homes, special education buildings, vocational centers, separate school buses, special medical and physical centers, special clubs, camps and recreational programs all have kept people with disabilities separated and isolated from their communities.

In 2014, The Centers for Medicare and Medicaid Services (CMS) put forth “New Rules” for Home and Community Based Services Medicaid funding. These funds, known as Medicaid Waivers, are the primary method of funding long term care for Medicaid eligible individuals with disabilities. These are funds that once were used primarily to pay for institutional care. The intent of the CMS “New Rules” changes is to ultimately restrict use of these funds to only those home environments and workplaces that essentially are fully integrated in the community. Likewise, where people live must have home-like characteristics as well as opportunities for privacy, easy food access, visitors and the right of tenancy. The workplaces must have the general public working alongside the individual and the Medicaid supported job coach or services. The present deadline for States’ compliance to the “New Rules” changes is March 17, 2019. This five year period for compliance will move along very quickly.

For the past three decades, Community Living Services has headed in the direction of moving people with disabilities from group homes to personal residences and from traditional vocational centers to community employment, self-employment and community participation. We welcome the challenge to continue to support people with disabilities to fully participate as members of their communities and to eliminate their segregation and isolation. With the tremendous support of our provider network, CLS is very well positioned to achieve the spirit and intent of CMS and the dreams of the people we support to live and work among every other citizen of their community. If it is easy, it’s often not the right thing to do.

Warm Regards,
Jim Dehem, President/CEO

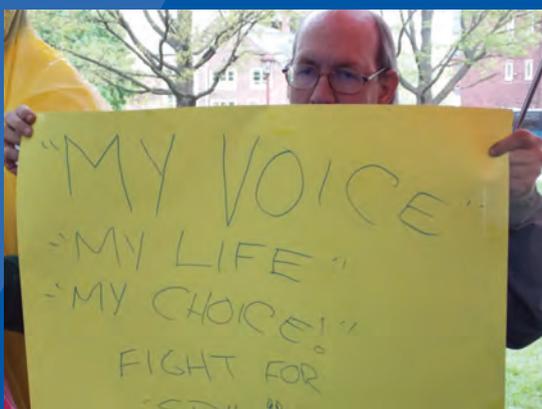
For more information: <http://www.medicaid.gov/HCBS>

Community Living Services, Inc.
Consolidated Statement of Activities
 September 30, 2014

	2012	2013	2014
REVENUES			
Community Mental Health Contracted Revenues	\$136,011,467	129,004,112	\$124,565,700
Carve-Out and Pass Through	6,921,307	7,128,004	7,032,606
Grant Revenue	207,720	166,108	162,601
Interest Income	11,746	8,307	7,531
Other Income	334,985	555,784	886,486
Extraordinary Income	<u>0</u>	<u>417,069</u>	<u>0</u>
Total Revenues	<u>\$143,487,225</u>	<u>\$137,279,384</u>	<u>\$132,654,924</u>
EXPENDITURES:			
Salaries, Wages and Benefits	\$13,719,001	\$12,946,707	13,338,698
Professional Fees/ Contract Services	4,021,612	3,687,711	6,360,189
Administrative Expense	2,121,187	2,041,801	2,496,118
Occupancy	1,511,506	1,514,697	1,531,939
Provider Payments	105,033,384	102,185,327	100,289,391
Home Leases	2,564,571	2,400,898	2,187,992
Maintenance and Repairs – Homes	1,408,929	1,166,518	1,229,172
Other Member Related	2,157,667	774,062	428,189
Day Programs/Vocational	9,936,232	9,169,244	9,697,100
Depreciation	414,184	464,579	480,085
Other Expenses	520,164	626,019	80,967
Extraordinary Expense/(Contra Expense)	<u>0</u>	<u>0</u>	<u>0</u>
Total Expenses	<u>\$143,408,437</u>	<u>\$136,977,563</u>	<u>\$138,119,840</u>
Change in Net Deficit	78,788	301,821	(5,464,916)
Net Assets/(Deficit), Beginning of Period	\$8,031,582	\$8,110,367	\$8,352,397
Net Assets/(Deficit), End Of Period	<u>\$8,110,370</u>	<u>\$8,412,188</u>	<u>\$2,887,481</u>
Average Per Member Per Month Revenue (PMPM)	2,877	2,605	2652



CLS Board member Rene and her friend sell handmade greeting cards.



Jamie wants everyone to hear his message



Andre and Sandy helped with CLS' first ever Job Fair where almost 200 people attended.



Lavita entertains the crowd during the Champions for Achievement event.



Oakwood Hospital attended the Job Fair and offered volunteer positions to those wanting to work in health care.



CLS sponsored two Community Participation events where more than 200 people attending looking for paid employment and volunteer opportunities.



Oakland Press reporter Jerry Wolfe fires up the crowd while Roxanne helps him out.

■ CRISTIAN LAWLESS

Canton resident Cristian Lawless is a young man who has been in business for several years now. His company is called “A La Cart on a Cart” and he has a big following on Sunday mornings. Cris sells his breakfast items to various customers who live in a senior apartment building in Canton. He along with help from his family hires his own staff to help him with his small business.



Cristian enjoys running his own small business.

Purchasing items for his breakfast cart starts at the end of the week with a few trips to various stores to make sure he has a fully stocked cart for Sunday morning. Some of his customer’s favorites are bagels, hot chocolate, fruit and yogurt. “I get things my customers like and everything is one dollar,” said Cris. Cristian says he loves his job and the money he makes. According to his mom, he has a lot of customers that really like him and will spend hours talking to him on Sundays. “This gives him a good opportunity to understand customer service and provides a social component,” said Debbie Lawless, mom. “We hope to move his microenterprise to a business location where customers have more discretionary spending money once he is finished with school next year.”

■ CHARITA HOGANS



Charita is a woman on the go, she likes to stay busy and get involved with a lot of different activities. Charita has experienced living in institutional facilities but due to help from people in her life that care about her, she has not gone to any type of hospital in eight years!

Charita, in the striped blouse, enjoys teaching direct hire staff how to make her feel safe and how to show her respect.

There is no other way of putting this, Erin Oldaugh lights up a room when she enters! Her contagious smile and warm and genuine personality make you feel immediately at ease. Erin has had almost 30 surgeries in her lifetime but you would never know it.

“I don’t let obstacles get in my way and I hope that my positive attitude can rub off on others,” said Erin. Her outgoing personality and great communication skills make her a natural at her business called “Whatever Floats Your Tote.”



When she’s not working on her business, Erin also loves to attend Bible study and participate on a bowling league.

“I have a lot of help from my support assistant and others to make custom tote bags. I also work with a friend of mine, Nick who is a great artist and he sketches various types of birds that I use on my totes.”

When she’s not working on her business, Erin volunteers at several places including Forgotten Harvest and she is a member of the CLS Oakland County Citizen’s Advisory Committee.

She lives with her parents but is hoping to move out on her own one day. She also hires her own support assistants through a self-determination arrangement.

If you’d like to order one of Erin’s totes, give her a call at 810-618-2927 or Connie at 248-931-8598.

“I have two small businesses and I work two different jobs,” said Charita. “I am always looking for new opportunities that will put money in my pocket. My Provider Quest takes me to places where I sell my silk floral arrangements and my snacks, but I’m always looking for places to sell my items.”

Currently, Charita is a trainer at Schoolcraft College where she trains direct care staff about how she wants to be treated and shares some of her personal stories especially those about trust with people in the audience.

Charita is her own guardian and enjoys having friends around her that have positive attitudes. She also she has a special place in her heart for CLS Trainer Bill Niemeyer who always takes time to listen to her.

“Believe in yourself,” are the words Farmington Hills resident Yash Mittal likes to share with family and friends. Yash has made some amazing strides within the last few years. The biggest one is moving into his own place, within walking distance to his place of employment. He works at Baptist Manor, a retirement community, where he started out as Assistant to the Activities Director but has quickly moved up, gaining more hours and responsibility.

Just recently he got his driver’s license and while he only drives with his staff and family for now, he is anxious for a day when he will feel confident enough to drive alone.

Yash also finished a nine month placement at Henry Ford Hospital where he successfully completed different rotations including working in the kitchen and learning food prep. Cooking is one of the many things Yash enjoys and likes to plan meals and cook for his family.

Swimming is also one of his favorite athletic activities having won many state wide competitions. He also likes to play golf and basketball.

Yash’s family is quite proud of his accomplishments and the independence he has achieved over the last two years.



Yash seen here in the blue shirt enjoys his job and the help he receives from his staff.

Persons supported by Community Living Services are the “game changers.” They didn’t just embrace change, they made it happen. We see the impact their self-advocacy and self-determined success has made on policy makers at every level.

In January of 2014, The Centers for Medicare and Medicaid Services made rule changes to the Home and Community Based Services provisions that define supports “*by the nature and quality of the individual’s experiences. Service Plans must be developed through a person centered planning process in a manner that reflects individual preference and goals.*” Services therefore must be provided in the most integrated setting in both residential and non-residential settings. Traditional group home models of support and self-contained segregated vocational workshop and day programs must undergo significant transformation to meet these requirements. For organizations that support persons with intellectual and developmental disabilities, this means that continued reimbursement eligibility will be tied to verified conformance with these rules. (<http://www.medicare.gov/HCBS>)

Five key qualifications emanating from final rule:

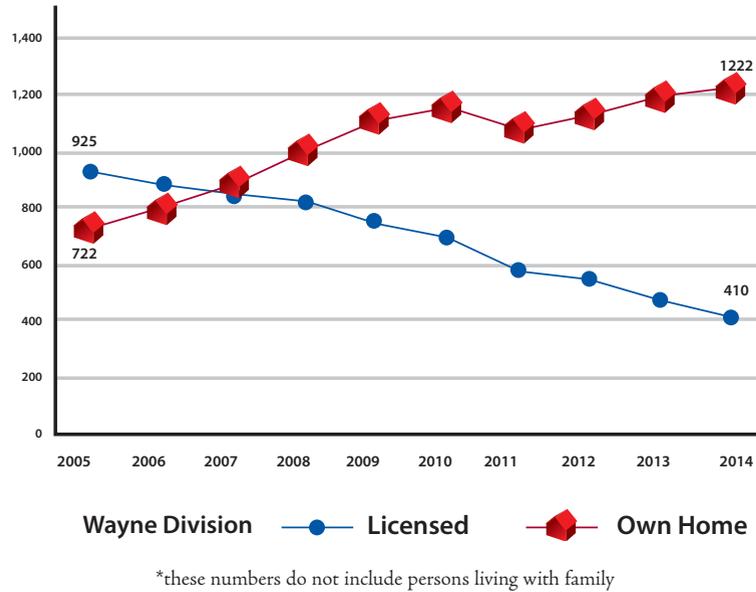
- 1) The setting is integrated and supports full access to the greater community;
- 2) Is selected by the individuals from among setting options;
- 3) Ensures individual rights of privacy, dignity, respect, and freedom from coercion and restraint;
- 4) Optimizes autonomy and independence in making life choices; and
- 5) Facilitates choice regarding services and who provides them.

Community Living Services meets these qualifications in the following ways:

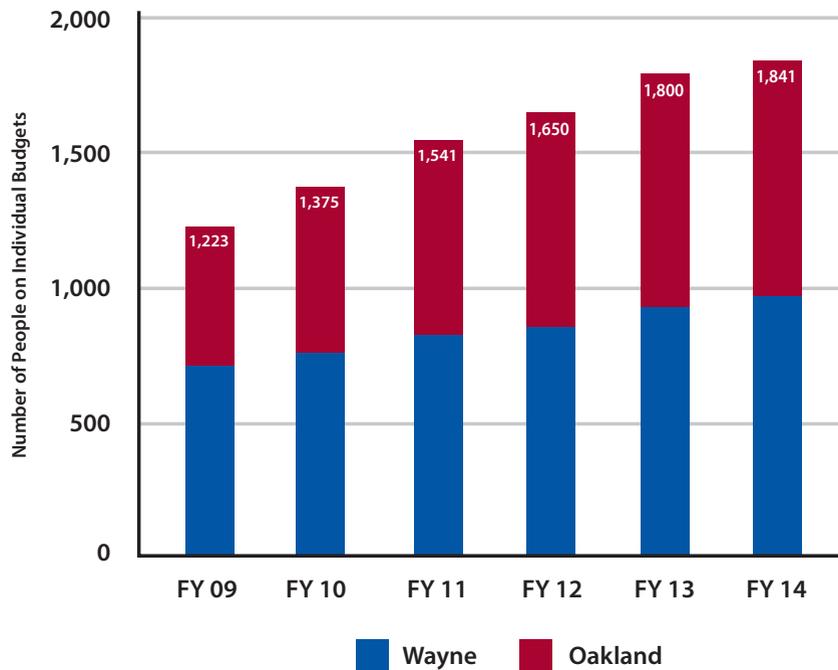
- ✦ Pursues the closure of specialized residential AFC Homes in favor of the person leasing and gaining a property right to their home. See *Graph #1 titled “Home of My Own-Right of Tenancy”*.
- ✦ The CLS Individual Plan of Service (IPOS) contains a section titled “A Place of One’s Own”. This section prompts several questions leading to a decision as to whether or not the person wants assistance to move. *Graph #1*.
- ✦ The IPOS requires a documented response to the offer of assistance to pursue *self-determination*. See *Graph #2 Growth in Self-determination-Individual Budgets*.
- ✦ Self-determination: CLS provides Employer of Record support for the person to select, hire or fire staff. *Graph # 2*.
- ✦ The IPOS requires a documented response to an offer of support and action to gain employment or generate income. CLS provides financial incentives to vocational providers to convert services from facility to community based employment. *Graph #3- Employment – Where I Work*
- ✦ Promotes autonomy and independence by offering supports for decision-making and alternatives to Guardianship. *Graph #4- Supported Decision Making*.

Thankfully these rule changes affirm, align perfectly with and give strength to the direction the CLS Board of Directors has promoted for the last 20 years. These changes were enabled in 1996 with the inclusion of person centered planning within the Michigan Mental Health Code and augmented at Community Living Services with the implementation of the Self-determination Project in 1997. Both were ground-breaking actions brought into reality by the unrelenting work of self-advocates. These new rules show the fruit of their labor. They made it happen. Check out this link to see CLS “change agents” in action (<http://www.acl.gov/Programs/AIDD/Index.aspx>).

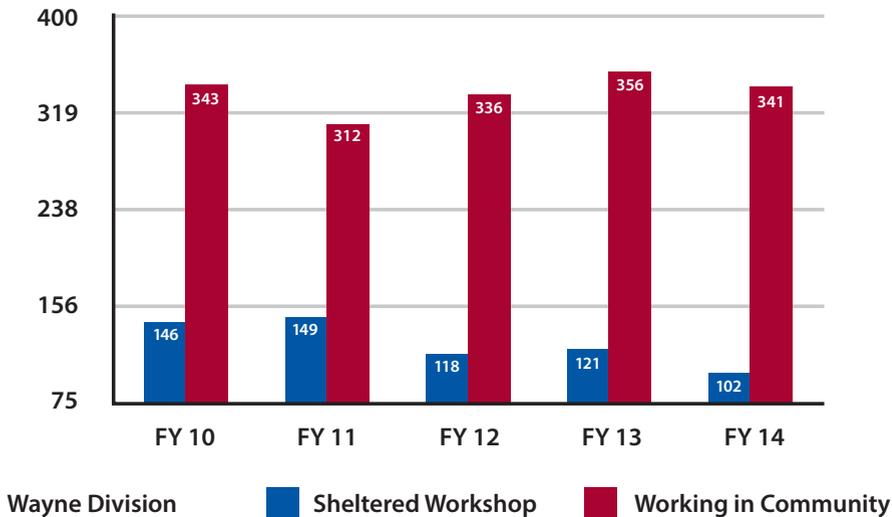
1 HOME OF MY OWN-RIGHT OF TENANCY



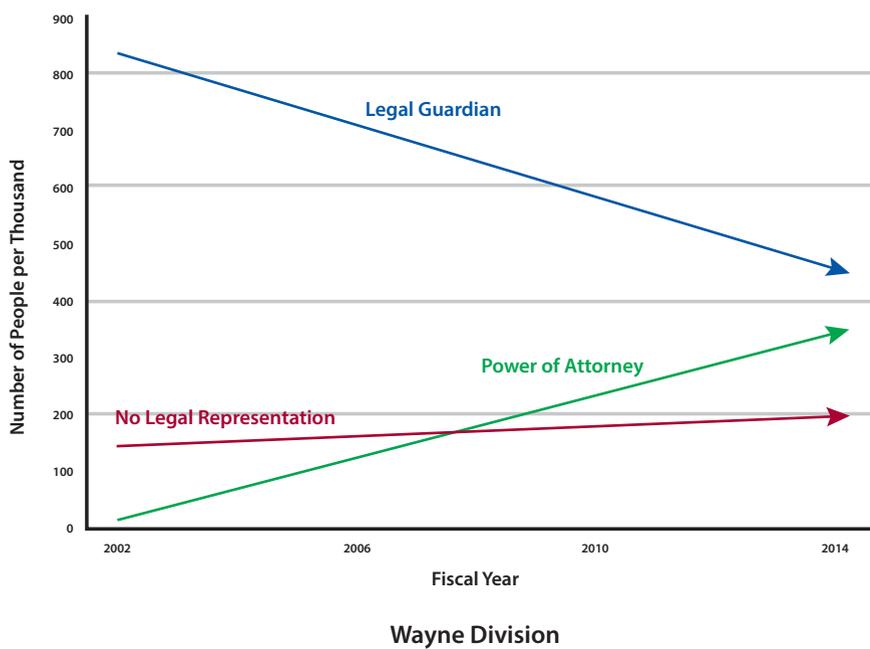
2 GROWTH IN SELF-DETERMINATION INDIVIDUAL BUDGETS



3 EMPLOYMENT-WHERE I WORK



4 SUPPORTED DECISION MAKING



COMMUNITY

Living SERVICES

Your Life, Your Way



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CLS is a manager of a Comprehensive
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Detroit Wayne Mental Health Authority.



Oakland County

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CLS Oakland County is funded through the Oakland County
Community Mental Health Authority.



Senior Services-Long Term Care Division

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The CLS Long Term Care Division is funded by: United Way of
Southeast Michigan, The Senior Alliance, Area Agency on Aging 1-C,
Area Agency on Aging 1-B, Detroit Area Agency on Aging 1-A,
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