

DWMHA Customer Service Department
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WHAT'S COMING UP!

August 2016

August is National Immunization Awareness Month”

“Vaccines aren’t just for kids. People of all ages should get shots to avoid serious diseases. Go to www2.cdc.gov for your own immunization schedule.

- July 21 **Our Place “Faces of Recovery” Group**, an informal get-together to discuss personal challenges in a relaxed, non-confrontational atmosphere. 1pm-2pm every Thursday. Our Place Drop-In Center, 12285 Dixie Street, Redford 48239; call 313 543-3393 for more information
- July 26 **8th Annual Anti-Stigma Day**, learn how the state of Michigan combats the stigma of mental health services. Lunch included; 9am-4pm; Free; Lansing Community College-West, 5708 Cornerstone Drive, Lansing 48917. Register online: www.macmhb.org/education
- July 26 **Detroit Candidates Forum**, a town hall on addiction issues and the effect drugs are having on the community; Free. Detroit Recovery Project, 1145 W. Grand Blvd, Detroit 48208; 6pm-830pm. Visit www.realmichigan.org to register
- July 28 **Adult Suicide Prevention Certification**, learn the warning signs of a suicide crisis and how to question, persuade and refer someone for help. Lincoln Behavioral Services, 9315 Telegraph Road, Redford 48239; 9am-11am; register: www.vceonline.org
- August 1 **NAMI Eastside Support Group**, an informal meeting to network and discuss mental health issues and supports, and innovative steps toward recovery. Group meets each month, the 1st & 3rd Mondays, 7pm. Henry Ford Cottage Hospital, 159 Kercheval, Grosse Pointe Farms; contact Barb 313 886-8004
- August 1 & 2 **DWMHA Interdisciplinary Mental Health Conference—Raising the Bar** Seminars and workshops on caregiving, recovery, senior services, suicide prevention, and more. Detroit Marriott at the Renaissance Center. Discounted rate through July 15. Go to www.vceonline.org
- August 4 **RICC Meeting**, an informal meeting to discuss the rights and interests of people with developmental disabilities. Sacred Heart Major Seminary, 2701 Chicago Avenue, Detroit, 48206; 10am-12noon. RSVP: arobinso@comlivserv.com
- August 9 **Substance Abuse: What You Need to Know and What Can You Do**, a series of seminars the first 3 Tuesdays of each month; substance abuse

prevention, treatment, recovery; FREE. St. Mary's Hospital (4th Floor), 36475 Five Mile Rd. (south entrance), Livonia; call 734 338-9580 for details

- August 10 **Tri-County Peers Connect**, peer updates from the Michigan Department of Health & Human Services, for peer mentors, peer specialists, recovery coaches, youth peers and parent partners; Club Venetian, 29310 John R Road, Madison Heights, 48071; 830am-noon; RSVP up to August 3rd. www.occmha.org or call Beth at 248 858-1795
- August 10 **Community Health Fair**, free dental, heart health & diabetes screenings, kids' activities, food and fun, noon-4pm; Taylor Human Services Building, 26650 Eureka, Taylor 48180
- August 13 **NAMI Support Group**, every 2nd Saturday of each month at the John Dingell parking on the Canfield Street side. Call Zoe Williams for details: 313 784-9391 Veteran Hospital Building, 4646 John R, Detroit, room #B1314. 1pm-3pm
- August 16 **Youth MOVE Detroit Advisory Council**, for ages 14-25. Help make suggestions and decisions that impact services provided youth in Detroit and Wayne County. Learn about training opportunities; Free. Today and every 3rd Tuesday; 5pm-630pm; Children's Center, 79 West Alexandrine, Detroit 48201
- August 31 **E.V.O.L.V.E.**, an opportunity for people receiving mental health services in the tri-county area to engage, equip and empower members to have a hands-on approach to their treatment *and* their lives. Open to anyone receiving services in the tri-county area; 11am-130pm; Virtual Center of Excellence, 13101 Allen Road, Southgate 48195; RSVP: www.form.jotform.com/61465234095153
- September 10 **Michigan Celebrate Recovery Walk and Rally 2016**, Join the Voices of Recovery, fundraiser to bring awareness to the need for increased funding to fight addiction. "Prevention works, treatment is effective, and people recover." Belle Isle; 8:30am-2pm with no entrance fee! Call Ms. Jolly 313 868-1340 xt105 for details
- September 15-16 **Shift Happens: A Practical and Real Community Inclusion Process**, understanding the purpose of the Home-Based Community Services (HBCS) and how Peers input can bring about awareness and change, featuring keynote speaker, Sandra Peppers. Sacred Heart Seminary, 2701 W. Chicago, Detroit 48206; 830am-230pm each day; breakfast, lunch and event material included; free to people receiving services; register: www.vceonline.org
- September 19-23 **Peer Support Certification Training**, for employed Peers who meet state eligibility and have a passion to help fellow Peers. Training fee to be paid for by employer. St. Francis Retreat Center, 703 E. Main Street, DeWitt, Michigan 48820. For applications please call Steve Kuhlman 313 344-9099x3038 or email MDHHS-PeerSupport@michigan.gov

September 24

13th Annual NAMI 5K Walk Detroit, a chance to get some exercise while supporting a great mental health cause. Belle Isle Park, Detroit. Registration begins at 8am, the walk at 10am

October 20

CLS Parent Resource Open House, find employment for your loved ones, understand how benefits and entitlements work, with providers available to answer questions. 10am-noon and also 6pm-8pm. Community Living Services, 35425 Michigan Avenue West, Wayne, 48184. Questions: Call Cynthia Whisler 734 722-7493